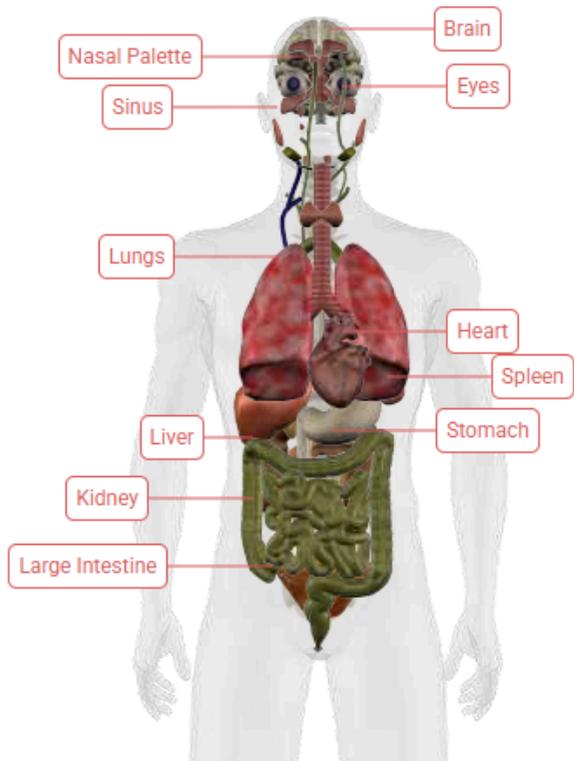


Nerve Chart

Organs

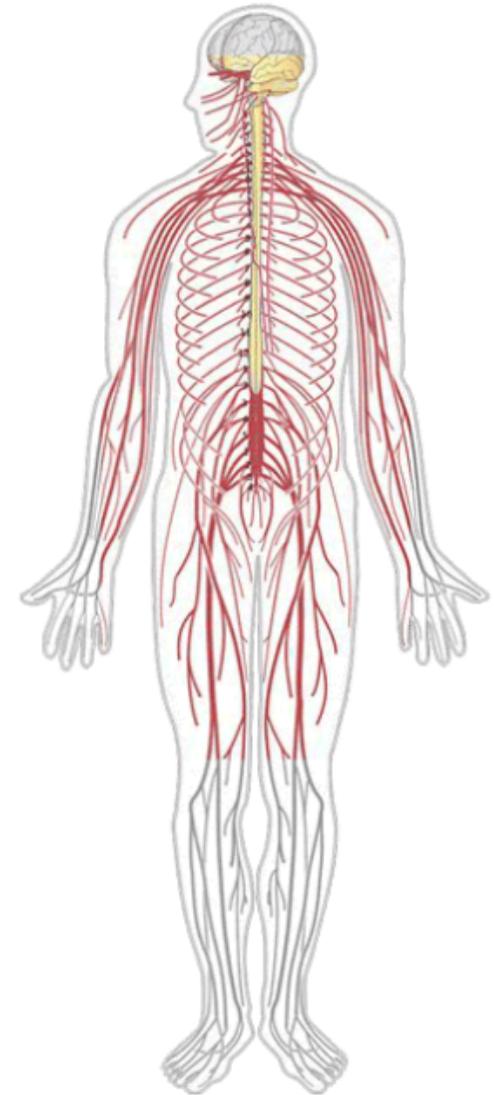


← ROTATE TO LEFT

ROTATE TO RIGHT →



Nerves



Body Posture

Correct Driving



Good

- Straight Head
- Shoulders Back
- Chest Out
- Stomach in
- Back Supported
- Legs Supported

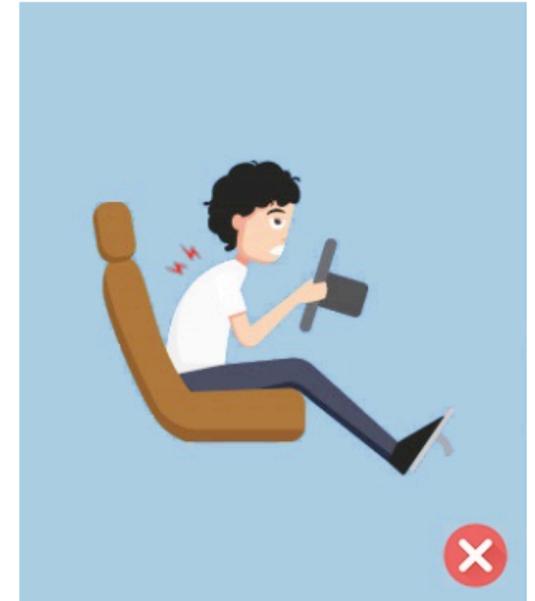
Driving

Sitting

Sleeping

Standing

Incorrect Driving



Bad

- Tilted Head/Body
- Protruding Head
- Retracted Head
- Rounded Shoulders
- Rounded Upper Back
- Rounded Lower Back

Degeneration



When your spine is continually neglected, you may enter various phases of degeneration. This progressively worsening condition is often the result of neglected spinal misalignment, injury, or misalignment. Because obvious symptoms are not always present, this condition can exist for years without detection.